



Ileostomy & Internal Pouch  
Association

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# IA Information Day

20 APRIL 2024

## PROGRAMME

- 09.00 Registration, exhibition open, browse the exhibition and chat with company representatives**
- 10.00 Welcome by IA National President**  
*Prof Gordon Carlson CBE. BSc(Hons), MH ChB(Hons) MD FRCS, Consultant Colorectal Surgeon, Salford Royal NHS Foundation Trust*
- 10.05 'The gut barrier in health and illness'**  
*Prof Gordon Carlson CBE. BSc(Hons), MH ChB(Hons) MD FRCS, Consultant Colorectal Surgeon, Salford Royal NHS Foundation Trust*
- 10.30 'Kidney protection for people with ileostomies and pouches'**  
*Shelagh Bickerton, Lead Clinical Nurse Specialist for Acute Kidney Injury, Royal Wolverhampton Hospitals NHS Trust*
- 10.55 'Let's talk about sex'**  
*Nicola Dames, Patient Researcher*
- 11.20 Tea, coffee and viewing of exhibition**
- 11.50 'Working life with a chronic condition'**  
*Sam Wilkinson-Lee, Business Psychologist, Founder 'Chronically Working'*
- 12.15 WORKSHOPS:**
- 1. 'Making the most of pouch life'** - Maggie Butler, Alison Crawshaw, Brigitte Siefken and Wendy Watt
  - 2. 'Healthy living without a colon'** - Sophie Medlin, Consultant Dietitian
  - 3. 'Creating Calm'** - Rosie Lawson
  - 4. 'Working life with a chronic condition'** - Sam Wilkinson-Lee
- 13.00 Lunch and viewing of the exhibition**
- 14.00 'Patient experience of pre-operative stoma education - a qualitative research study'**  
*Dr Gabrielle Thorpe, Associate Professor, School of Health Sciences, University of East Anglia, and Rosanna Miller, MSc student, School of Health Sciences, University of East Anglia*
- 14.25 WORKSHOPS:**
- 1. 'Making the most of pouch life'** - Maggie Butler, Alison Crawshaw, Brigitte Siefken and Wendy Watt
  - 2. 'Healthy living without a colon'** - Sophie Medlin, Consultant Dietitian
  - 3. 'Creating Calm'** - Rosie Lawson
  - 4. 'Working life with a chronic condition'** - Sam Wilkinson-Lee
- 15.10 Tea, coffee and viewing of exhibition**
- 15.40 'To pouch or not to pouch - the pros and cons of an ileoanal pouch'**  
*Richard Lovegrove, MB BS MD FRCS (Eng), Consultant Colorectal Surgeon, Worcester Acute Hospitals NHS Trust, and Abi Patel, Consultant Colorectal Surgeon, University Hospitals, Coventry & Warwickshire NHS Trust*
- 16.05 BRYAN BROOKE LECTURE: 'Cell therapy: looking beyond drugs to treat inflammatory bowel disease'**  
*Prof Peter Irving, MA, MD, FRCP, Consultant Gastroenterologist, Guys' and St Thomas' NHS Foundation Trust*
- 16.50 Q&A Speaker Panel - an opportunity to ask the experts**
- 17.10 Close of Conference**  
*Prof Gordon Carlson CBE. BSc(Hons), MH ChB(Hons) MD FRCS, Consultant Colorectal Surgeon, Salford Royal NHS Foundation Trust*