



Ileostomy & Internal Pouch
Association

Listen • Inform • Support

IA Information Day

5 APRIL 2025

PROGRAMME

- 09.00 Registration, exhibition open, browse the exhibition and chat with company representatives**
- 10.00 Welcome by IA National President**
Prof Gordon Carlson CBE. BSc(Hons), MB ChB(Hons) MD FRCS, Consultant Colorectal Surgeon, Northern Care Alliance NHS Foundation Trust and University of Manchester
- 10.05 'Sisyphus and the NHS... building a national service'**
Prof Gordon Carlson CBE. BSc(Hons), MB ChB(Hons) MD FRCS, Consultant Colorectal Surgeon, Northern Care Alliance NHS Foundation Trust and University of Manchester
- 10.35 'Stoma Care - the future in our hands'**
Natasha Rolls, Lead Stoma Care Nurse Specialist for University Hospitals Bristol and Weston Foundation Trust and Honorary Treasurer of ASCN UK
- 11.10 Tea, coffee and viewing of exhibition**
- 11.40 WORKSHOPS:**
- 1. 'Solutions to Internal Pouch Problems'** - Internal Pouch Sub-committee
 - 2. 'How to feel ok, even when you're not ok'** - Rosie Lawson, Transformational Coach
 - 3. 'How to get the support you're entitled to at work'** - Sam Wilkinson-Lee, Business Psychologist
 - 4. "Let's talk more about sex"** - Nicola Dames, Patient Researcher
- 12.25 'Medicine Matters'**
Uchu Meade, In a Royal Pharmaceutical Society approved Consultant Pharmacist: Intestinal Rehabilitation post, London North West University Healthcare
- 13.00 Lunch and viewing of the exhibition**
- 14.00 THE BRYAN BROOKE LECTURE: 'Parastomal Hernia – developing a service that meets patient needs'**
Mr Dominic Slade FRCS, Consultant Colorectal, Intestinal Failure and General Surgeon at Salford Care Organisation, Greater Manchester
- 14.45 WORKSHOPS:**
- 1. 'Solutions to Internal Pouch Problems'** - Internal Pouch Sub-committee
 - 2. 'How to feel ok, even when you're not ok'** - Rosie Lawson, Transformational Coach
 - 3. 'How to get the support you're entitled to at work'** - Sam Wilkinson-Lee, Business Psychologist
 - 4. "Let's talk more about sex"** - Nicola Dames, Patient Researcher
- 15.30 Tea, coffee and viewing of exhibition**
- 16.00 'Nutritional deficiencies and hydration issues for people with ileostomies or pouches'**
Sophie Medlin, Consultant Dietitian
- 16.30 Q&A Speaker Panel – an opportunity to ask the experts**
- 17.00 Close of Conference**
Prof Gordon Carlson CBE. BSc(Hons), MB ChB(Hons) MD FRCS, Consultant Colorectal Surgeon, Northern Care Alliance NHS Foundation Trust and University of Manchester
- 19.00 Dinner & Entertainment**
*Pre-dinner drinks from 7pm, dinner to be served at 7.30pm
Announcement of the Innovation Award to be made by Carolyn Stammers.*