



Ileostomy & Internal Pouch  
Association

# Information Day Programme

09.00 Exhibition open, browse and chat with company representatives

10.00 Welcome followed by 'A brief history of the Bryan Brooke Medal'  
*Professor Gordon Carlson CBE, BSc(Hons), MB ChB(Hons), MD FRCS, Consultant Colorectal Surgeon*

10.35 'With every setback, there's a comeback: Learning to trust your body again' Zoey Wright, *World Champion Fitness Model*

11.15 Refreshments break, browse exhibition and chat with company representatives

11.45 Workshop session 1 (Note: Workshops 1, 2, 3 & 4a will run during this session)

- 1. 'Dietary guidelines for people without their colon'  
*Sophie Medlin, Consultant Dietitian*
- 2. 'Preventing kidney disease by the correct hydration'  
*Shelagh Bickerton, Lead Clinical Nurse Specialist for Acute Kidney Injury*
- 3. 'Mental health matters'  
*Carrie Helman, Psychotherapist and Aileen MacArthur, Humanistic Counsellor*

4a. 'Internal pouches – debunking the myth' [Workshop session 1 only]  
*Internal Pouch Subcommittee & St Mark's Hospital Pouch Specialist Nurses*

4b. 'Your medication and you' [Workshop session 2 only]  
*Uchu Meade, MRPharmS (Consultant), Consultant Pharmacist*

12.25 Workshop session 2 (Note: Workshops 1, 2, 3 & 4b will run during this session)

13.05 Lunch, browse exhibition and chat with company representatives

14.00 The Bryan Brooke Lecture: 'The emergency ileostomate: problems and potential solutions'  
*Professor Susan Moug BSc (Hons), MB ChB, PhD, FRCS, Consultant Colorectal Surgeon*

14.45 'Stoma Care Nursing: where we came from and owning our direction for the future'  
*Natasha Rolls RN, Lead Stoma Care Nurse Specialist and Chair, ASCNUK*

15.15 Refreshments break, browse exhibition and chat with company representatives

15.45 'An Audience with Mollie Pearce'  
*Mollie Pearce, TV Personality and Disability Campaigner*

16.30 'Lifetime Achievement Awards'  
*Professor Gordon Carlson CBE, BSc(Hons), MB ChB(Hons), MD FRCS*

16.40 Q&A Speaker Panel – an opportunity to ask the experts  
*Questions may be submitted in advance*

17.00 Close of Conference  
*Professor Gordon Carlson CBE, BSc(Hons), MB ChB(Hons), MD FRCS*

19.00 Gala Dinner & Entertainment (where booked): Pre-dinner drinks from 7pm, dinner to be served from 7.30pm plus announcement of the IA Innovation Award

*IA reserves the right to change the programme without prior notification.*