



Ileostomy & Internal Pouch
Association

Information Day Programme

- 09.00 Exhibition open, browse and chat with company representatives
- 10.00 Welcome followed by 'A brief history of the Bryan Brooke Medal'
Professor Gordon Carlson CBE, BSc(Hons), MB ChB(Hons), MD FRCS, Consultant Colorectal Surgeon
- 10.35 'With every setback, there's a comeback: Learning to trust your body again' Zoey Wright, *World Champion Fitness Model*
- 11.15 Refreshments break, browse exhibition and chat with company representatives
- 11.45 Workshop session 1 (Note: Workshops 1, 2, 3 & 4a will run during this session)
1. 'Dietary guidelines for people without their colon'
Sophie Medlin, Consultant Dietitian
 2. 'Preventing kidney disease by the correct hydration'
Shelagh Bickerton, Lead Clinical Nurse Specialist for Acute Kidney Injury
 3. 'Mental health matters'
Carrie Helman, Psychotherapist and Aileen MacArthur, Humanistic Counsellor
 - 4a. 'Internal pouches – debunking the myth' [Workshop session 1 only]
Internal Pouch Subcommittee & St Mark's Hospital Pouch Specialist Nurses
 - 4b. 'Your medication and you' [Workshop session 2 only]
Uchu Meade, MRPharmS (Consultant), Consultant Pharmacist
- 12.25 Workshop session 2 (Note: Workshops 1, 2, 3 & 4b will run during this session)
- 13.05 Lunch, browse exhibition and chat with company representatives
- 14.00 The Bryan Brooke Lecture: 'The emergency ileostomate: problems and potential solutions'
Professor Susan Moug BSc (Hons), MB ChB, PhD, FRCS, Consultant Colorectal Surgeon
- 14.45 'Stoma Care Nursing: where we came from and owning our direction for the future'
Natasha Rolls RN, Lead Stoma Care Nurse Specialist and Chair, ASCNUK
- 15.15 Refreshments break, browse exhibition and chat with company representatives
- 15.45 'An Audience with Mollie Pearce'
Mollie Pearce, TV Personality and Disability Campaigner
- 16.30 'Lifetime Achievement Awards'
Professor Gordon Carlson CBE, BSc(Hons), MB ChB(Hons), MD FRCS
- 16.40 Q&A Speaker Panel – an opportunity to ask the experts
Questions may be submitted in advance
- 17.00 Close of Conference
Professor Gordon Carlson CBE, BSc(Hons), MB ChB(Hons), MD FRCS
- 19.00 Gala Dinner & Entertainment (where booked): Pre-dinner drinks from 7pm, dinner to be served from 7.30pm plus announcement of the IA Innovation Award

IA reserves the right to change the programme without prior notification.