

# Easy Barbecue Chicken



## Ingredients:

- 2 chicken breasts
- 1 tbsp olive oil
- 4 tbsp BBQ sauce
- 1 tbsp honey
- 1 tsp smoked paprika

## Method:

1. Preheat the oven to 200°C or prepare the barbecue for cooking.
2. Mix the sauce ingredients together.
3. Coat the chicken evenly.
4. Bake or grill for 25-30 minutes.
5. Allow to rest, then slice and serve.