

Tuna & Potato Salad



Ingredients:

- 300g potatoes (peeled)
- 1 carrot (peeled)
- 2 spring onions
- 80g peeled cucumber
- 1 tin tuna (drained)
- 3 tbsp mayonnaise
- 1 tbsp yoghurt (optional)
- A handful of fresh parsley (optional)

Method:

- 1 Boil the potatoes for 12–15 minutes.
- 2 Finely slice the spring onions, then sauté in a little butter until soft.
- 3 Grate the carrot.
- 4 Drain and allow the potatoes to cool.
- 5 Chop or grate the peeled cucumber.
- 6 Mix all the ingredients together gently.